Impact of PE and Sports Premium Funding 2017 - 2018

 **Physical Education**

Again his year, the Wyre and Fylde Partnership continued with an Associate Teaching and Learning Consultant to assist within EYFS this year, after previously working for the past Two years with Year 1 and Year 2, with the development of the basic fundamental movement skills. We considered this to be an important experience to enable the EYFS staff to increase their skills and confidence in helping the children to master these fundamental movement skills.

Through working alongside the ATLC, confidence has grown through the sharing of ideas and good practice, enabling teachers to increase their confidence when implementing the next steps in order to move each child’s learning on.

Due to the success of this strategy within KS1, next year we are moving this support to KS2.

Being able to attend the Annual conference ( PE Leader and Headteacher) , gave us an opportunity to discuss how best to allocate funding, inspire our pupils to want to be active through inspirational speakers and gain an opportunity to speak directly to different sport activity providers.

From this we were able to think about afterschool sports provision and trying to make it more diverse to engage as many children as possible, and talking to sports providers helped with this. New activities we wanted the children to experience were Soft Archery and Fencing. These sessions were extremely well attended and the children thoroughly enjoyed taking part. A few of the children even expressed an interest in wanting to carry on with these activities in a club.

Another area we wanted to develop was orienteering. With the extra funding being given, we were then able to explore this area. We are very lucky to have our own wood in school, so having gathered information from the annual conference, I contacted people to come to school to map the school grounds and then the wood. This was completed and now we have six maps covering all the areas of school, with or without markers. After this, I contacted leaders in orienteering to ask if they could come and do taster days to give the children their first experience of orienteering. This was a huge success, as all involved gained lots of new skills and thoroughly enjoyed these new experiences. Since this taster day, I have contacted the leader for ideas on ways to move forward to incorporate this into the curriculum and as an after school club.

**CPD**

This year as a school we thought it important to offer staff time to work with coaches in areas where they could upskill their knowledge and develop new strategies to use in their teaching. Teachers were able to work alongside coaches for a period of 6 weeks. This has proved to be of great benefit to staff who now feel more confident teaching this area. Blackpool Football Community Trust worked alongside staff.

 One teacher new to school went on a full day P.E. course. He came back with lots of ideas and increased confidence, ready to implement with the class.

**Pupil Voice**

When I asked the children what they thought about P.E. lessons, these were their comments:

KS1 – They liked getting more exercise, it gives you energy, able to run around, dance and get fitter and stronger.

KS2 – They enjoyed improving their skills, fun and challenging, learn new skills, lots of different sporting activities, enjoy sport, fun to have competitions.

**After school Sporting Activities**

For this academic year we decided to invite AFC Fylde again to provide after school sports activities for St. Peter’s, as we were very pleased with their provision last year.

This year we wanted to continue to give the children a whole array of sporting experiences.

These were:

KS1 – Multi Skills, dance, dodge ball, gymnastics, athletics and fun skills project.

KS2 – Indoor athletics, multi skills, tag rugby, invasion games, kwik cricket and rounders.

Premier Sport was invited to school once more to deliver soft archery and fencing – both new sports to the majority of children. For those who came, they told me they thoroughly enjoyed learning and some wanted to carry it on out of school.

**Pupil Voice**

When I asked a representation of children from each year group in school, what they thought about after school sporting activities, these were their comments:

KS1 – Play different games, different things to try, cool equipment, games, enjoy being active and having fun.

KS2 – Good as able to practise skills learnt in P.E. lessons, introduced to different sports, fun, makes you feel good, more time to learn extra skills, more exercise, like doing sport with different year groups. It’s challenging.

**Extra after school activities:**

KS2 – Football team coaching, Netball team coaching and Girls Football coaching.

**Competitions**

From the variety of sporting activities taught within the curriculum and in the after school sporting programme, we entered 11 competitions this year. Within Netball we have A + B teams, Football A + B teams and Girl’s Football A + B teams.

All the children were so eager to take part in competitive sport again this year and competed exceptionally well. The children worked as a team, kept going, encouraged each other and never gave up.

These competitions were:

Lytham St. Annes School’s Sports Association Netball (7) and Football fixtures. (7)

Girls Football League (6) 1st

Sports Hall Athletics 6th

Tag Rugby - festival

LSA Netball (Plate) and Football Rally 4th

Fylde Girls 6 a side football 1st

LSA Swimming Gala

Inter schools Athletics 4th

LSA Year 5/6 Rounders 4th

Lancashire Games – Girls Football Team representing Fylde ( plate)

**Intra School Competitions**

This year intra school competitions ( house competitions) were:

Potted sports – Martin Luther King

Madeleine Looby Trophy - Football / Skittle Ball - Martin Luther King

Sports Day – St. Teresa of Calcutta

**Pupil Voice**

When the children were asked what their thoughts were about competitions, these were the comments: They all enjoyed competitions as they can show their fitness, fun, feels different to P.E. lessons, feel proud for self and school and want to do their best. Have a sense of achievement and accomplishment. Enjoy playing against different school, helps to make you better seeing the competition.

**Health & Well-being:**

Apart from P.E. and sport activities, we felt that health and well-being were really important areas that we wanted to explore with the children.

**Playground Leaders Training**

This training began in the Autumn Term. It specifically focused on helping Year 5 children todevelop leadership qualities, improve their communication skills and increase their confidence. After the training, these children then confidently started to plan playground activities in order to organise games to play with KS1 children during lunchtimes. This has been very successful running for the whole year.

**Pupil Voice**

The KS1 children who took part in PALS, enjoyed playing different games and they could choose what they wanted to do at times. They could win prizes and gain awards.

**Healthy Heads Programme**

This was a 5 week programme for Year 6 which helped to build character through theory and physical activity lessons. The children worked to improve a different area of character each week (confidence, success, resilience, gratitude and helpfulness)

In order to practise the skills they had learnt, each week they invited a group of Year 1 / 2 children and organised an after school multi skills club. This was very successful and the children learnt a lot of new skills. So much so that Years 3,4,5 and 6 will be taking part in this programme next year.

**Activity Timetable**

In order to boost everyday fitness in school and to include the 30 minutes extra physical activity daily, each class put together a weekly timetable of physically active sessions.

Activities included a run, walk or jog around the playground for 10 / 15 minutes. Within curriculum time, certain maths and English lessons became active with the help of The Premier League Primary Stars, Super Movers with the BBC and Premier League and Maths of the Day initiatives. Use of the KS1 and KS2 trim trails at breaktimes and lunchtimes, PALS activities ( KS1), Football (KS2) Organised playground games.

**Premier League Primary Stars**

Since joining the primary stars website, we have used their resources on line. When they offered a huge bag full of equipment to make lessons more active, we applied and were successful. With the activity card ideas, as a staff, we explore the contents of the bag and looked at the activity ideas.

After members of staff tried out these ideas with their classes, it soon became evident that we could use these resources to make our lessons active in so many ways, even to the children creating their own activities using the resources available. Lots of active learning has been taking place.

**Super movers BBC and The Premier League**

This has been mainly used by KS1 whereby Maths and English objectives are taught through songs and movement for approximately 3 – 4minutes, but by repeating the activity 2 or 3 times, the children can learn the movements and also the objective being taught. Great active fun has been happening with these activities.

**Maths of the Day**

After re connecting with Maths of the Day at the P.E. conference, we arranged a shared visit from the Founder, Jon Smedley, with the staff from one of our local schools. He came, shared his vision with us, showed us how it worked and helped us test out the resources for ourselves. All the staff have been using this initiative quite successfully. The children are active, thoroughly enjoying maths and learning lots.

**Playground Games**

5 lunch times a week, an AFC Fylde Coach comes to school to take playground games activities with each class for 30 minutes each, 2 – 3 times each week. The activities vary from dodgeball to skipping, aiming and hoop activities, netball, tri golf and quick sticks hockey.

**Pupil Voice**

The KS2 children who take part in Playground Games were asked to comment. These were their comments: The children thought they were well organised, less falling out with an adult present, fun, entertaining, lots of different activities each week, coaches you if you can’t do it, it’s fun exercise, not like hard work.